



'Handle It' Is An Ergonomic Handle

Improving the health of groomers one tool at a time

Kinesiology-
the study of human body movement

Ergonomics-
designing things people use so that the people and things interact efficiently and safely

Learning and training your muscles to have good body mechanics, along with proper muscle memory, can increase your career longevity and decrease pain.

Keeping your body in neutral positions provides less stress on your body.

